September: Hurricane Season and National Preparedness Month



September is <u>National Preparedness Month</u> (NPM), awareness efforts could not come at a more opportune time as Hurricane Florence hits the East Coast. In 2017, during the devasting Hurricanes Harvey, Rita, and Irma, CNSI employees stepped up and helped areas impacted. Overall, we donated \$20,000 to Global Giving and assisted over 500 families rebuild their homes. This year, we stand at the ready to support those impacted by pending Hurricane Florence.

We are also building awareness and sharing tips on how our employees—and their families—can <u>#PrepareNow</u>. Here are a few of the highlights that we wanted to share with our readers.

Tip 1: Make a Disaster Plan



There's no schedule for when a disaster may strike, so making sure everyone is on the same page with a disaster plan is vital. The best way to do this is by sitting down with your family and making sure you have a plan for where to go, what to do, and how you'll get in contact with each other for multiple scenarios.

Tip 2: Learn Skills that Can Save Lives

Knowing how to respond during a high-stress moment and possibly save a life is an important ability to have. Attend or host a local CPR event and visit the <u>FEMA</u> website for what to do before help arrives. Also, make sure you're preparing your home for a disaster. Check the batteries in fire alarms, purchase a carbon monoxide detector and be aware of how to turn off the gas in your home.

Tip 3: Check Your Coverage

If a disaster hits your home, insurance is there to help you pick up the pieces. As we're in hurricane season, now is the best time to check with your home insurance and make sure you're covered for floods and fires. There's never a bad time to check and get better coverage.

Tip 4: Financially Plan

Emergency savings were created for a rainy day. That is especially true during hurricane season. Make sure you're putting enough money away in case of an emergency. Start by completing an Emergency Financial First Aid Kit and going through realistic costs and concerns with your family.

What are you doing to prepare in case of an emergency? Share your helpful tips by tweeting @CNSICorp using the hashtag: #PrepareNow.